



## Health Assessment, Tuberculosis Screening and Immunization Requirements for Duty Parents

In accordance with the *Day Nurseries Act, 1990, Reg.262, s. 62 (1)*, all duty parents and grandparents at BCP must:

1. Have a routine physical assessment by a physician or nurse practitioner and **provide a doctor's note** confirming that they are fit to volunteer in the childcare centre - this must be updated every calendar year.
2. Have **adequate screening for tuberculosis** (TB) at the time they join the co-operative.
3. Show proof that they are **adequately immunized against or immune to:**
  - Tetanus and diphtheria (Td). (Td booster every 10 years).
  - Measles, mumps, and rubella (MMR). (Two doses of MMR vaccine given at least 28 days apart are required for all adults born after 1970. Proof of immunity (titre) to MMR is also acceptable. Women of childbearing age, regardless of birth year, should know their rubella immunity is protective to avoid infection with rubella and eliminate their risk of congenital rubella syndrome.)

The following vaccines are also strongly *recommended*:

- Chickenpox
- Hepatitis B
- Influenza - One shot every year.
- Pertussis - All adults should receive one pertussis booster in combination with their routine tetanus diphtheria booster.